



# RESURRECTION REFLECTIONS

Volume 11, Issue 2

June 2019

## OUR MISSION

**Live the Faith! Lift High the Cross!**

## OUR VISION

**We will grow in faith and numbers by seeing Christ in one another in all we say and do!**

### Pastor's Ponderings

Dear Brothers and Sisters in Christ;



It is hard to believe that summer has begun, and a new kind of busyness has enveloped the church. As we look toward the summer months, there is no shortage of ways to be involved.

Monthly Summer Lunch with the Pastor will be at 12:30pm on the last Wednesday of May, June, July, and August. I hope you will be able to join me.

Resurrection will once again have a float in the Haysville Fourth of July Parade. Please consider riding on the float or walking beside it to help support our church in the community. And, if you are not available that day, you can still help by donating candy to be passed out along the parade route.

Vacation Bible School will be Monday thru Friday, July 15-19 in the evenings. Please let Pam know if you are interested in helping out in any way. This is always a great week for the youth of our church. I hope you child will be able to join in the excitement.

I will be a voting delegate to two church assemblies this summer. The Central States

Synod Assembly met June 6-8 where a new Bishop for the next six years was elected. Our current Bishop, Roger Gustafson will be retiring in August. And Susan Candea has been elected as the new bishop to our synod.

In August, I will be a delegate to the Churchwide Assembly in Milwaukee, WI from our synod. I'm looking forward to seeing the greater church in action. There will also be a Presiding Bishop election at this assembly. Our current Presiding Bishop, Elizabeth Eaton is open to running for a second term.

I'm excited to see the Holy Spirit at work in these assemblies and in all that Resurrection has going on this summer.

Peace and Blessings,

*Pr. Elizabeth Cummings*

### The Beauty of a Smile

A smile costs nothing, but its value is priceless.  
It enriches the one who gives it, yet it impoverishes him not.

It happens in a flash but the memory may last for days.  
No one is so rich that he can get along without it  
No one is so poor that he cannot afford to give it.

A smile generates happiness in the home  
And good will in business because it says;  
"I like you. You pleasure me."

If you meet an acquaintance or a friend  
Who is too busy to give you a smile, leave one of yours  
No one needs a smile so much as the person who has none to give.

*From Modesto Bee Reader*

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## Council Notes

by Robert Nunn, Council President



*Left to Right: Gerald Yoachum, Ryan Marshall, Bill Sample, Bob Shick, Robert Nunn (president) Darrin Deutscher (vice president), Jeanette Westerhaus, Pastor Elizabeth Cummings, Barry Schroeder (secretary).*

### Hello from Council

Goodness sakes the year is almost half over. If you haven't done so already, please be sure to thank New council members Bill Sample, Darrin Deutscher and Ryan Marshall for their 3 year commitment to serve on church council. Also in 3 to 4 months we will be looking for an additional 3 more individuals to volunteer, as Barry Schroeder, Robert Nunn and Bob Shick finish up their 3 year commitment. So now is the time to start prayerfully considering serving on your church council at this fall's annual meeting.

Projects this year for council include Child Protection Policy, Documents Storage and Asset Notebook Update. New Wireless Microphones were approved and installed to our sound system ahead of an 2020 FCC frequency mandate. New internet service (Pixius) was approved to be our main provider. Thank you Barry for the prep work and installation/setup on both projects.

The annual audit was completed on the 2018 financial records with no major findings.

Community Visibility/Involvement for the 1st quarter was the Police vs Fire Hockey Night Out. For the 2<sup>nd</sup> quarter was the movie "Breakthrough". Thank You for your attendance. An upcoming event is the Haysville 4<sup>th</sup> of July parade. We will have a church

float and your help is needed to decorate the float, ride on the float or walk along side of the float, plus you get to throw candy. Come help and wear your new RLC tee shirt. Also we are a Crop Walk Sponsor this fall with our logo on the event tee shirt. We will see you at both events.

Council approved to add Family Promise to one of the Church's Commitments. Family Promise is the only service in Wichita that services homeless families. We are a partner with Haysville Christian Church. Those volunteering must attend training. Thanks to all who are volunteering for this awesome service.

We had our 60<sup>th</sup> Anniversary in May. It went extremely well, was well attended and many thanks to all who organized this outstanding event.

Many things happening at our church. Thanks to all who volunteer, contribute and support the continued growth of GOD'S Kingdom.

"Thanks Be To God"

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### Church Staff

Pastor .....	Elizabeth Cummings
Office Administrator.....	Vicky Tully
Treasurer.....	Pam Porsch
Financial Secretary .....	Evelyn Clark
Nursery Supervisor .....	Holly Gonzales
Music Director .....	Evelyn Clark
Musician .....	Andrea Mendoza
Sexton.....	David & Jessie Cook

### Church Council

President .....	Robert Nunn
Vice President.....	Darrin Deutscher
Secretary .....	Barry Schroeder
	Ryan Marshall
	Bill Sample
	Bob Shick
	Jeanette Westerhaus
	Gerald Yoachum

### Contact us!

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Website: [www.rxluth.com](http://www.rxluth.com)

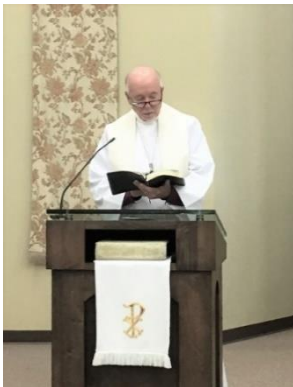
Facebook: [Resurrection Lutheran Church](https://www.facebook.com/ResurrectionLutheranChurch)

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## CELEBRATING OUR 60<sup>th</sup> ANNIVERSARY

On Sunday, May 5, members of Resurrection Lutheran, Haysville, celebrated the 60<sup>th</sup> anniversary of the formal chartering of their congregation. The first services were held on June 30, 1957, a few months after mission developers Pastor Leo and Wilma Nielsen arrived in Haysville. The congregation has moved from the parsonage basement, to a house chapel, to a church on West Grand, to the present location at 3850 W 71<sup>st</sup> Street South.

We were honored & blessed to have Bishop Roger Gustafson here to celebrate the 60<sup>th</sup> anniversary of our church. Bishop Gustafson preached at the celebratory service. Also present were two charter members, Marsha Thompson Spangler and Evelyn Clark, and the children of charter members, Patricia Gregory Jensen, Ann Clark Mah, and Fred Nielsen, son of the first pastor. Pastor Jon Jensen, a former pastor, and Pr Tom Hallstrom, a former interim pastor also attended. A catered dinner was served at noon and a Service of Rededication led by Pastor Elizabeth Cummings closed out the day.



*Bishop Roger Gustafson*



*Fred Nielsen*



*Pastor Jon Jensen*



## Family Promise

The mission of Family Promise of Greater Wichita is to unite hearts and hands to provide compassionate hospitality and empower homeless families with children to achieve sustainable independence. Our church has partnered with Family Promise as a support congregation which means on host weeks we support a host congregation. What this has looked like for RLC so far when we have been supporting Haysville Christian Church is we provide the evening hosts and meals two days during the week. We have wonderful volunteers but we are always needing more help so we can fulfill our obligations to HCC. Becoming a volunteer is easy! All you need to do is complete the one hour volunteer training and the best part is you can complete the training and then serve the program as a family. For more information about the volunteer classes speak with Jennifer Knaak or you can email Family Promise director Stacia at

[director@familypromisewichita.org](mailto:director@familypromisewichita.org).



There are three phases to our Sustainable Independence Program (SIP): support services, hospitality/lodging, and mentoring/aftercare. We are collecting well needed items:

- Women's pants, nice jeans, skirts for work - Size Small or Medium
- Pillows - We received a few but could use some more
- Cough, cold, & allergy medicine for adults & kids
- Toilet paper

More information can be found on their website: [www.familypromisewichita.org](http://www.familypromisewichita.org).



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## Resurrection Lutheran Church Monument and Time Capsule



You are invited to walk out to our monument, enjoy the bench provided to give thanks for our past, pray for our future.

Resurrection's monument stands to honor God and our loved ones, recalling our past, and looking to our future. Bruce Cloyd was instrumental in designing and building our monument. Just before demolition of the Grand Avenue church building, Bruce salvaged and in the very hot sun, cleaned the cross and bricks from the old church which are now a part of the monument. The monument is in memory of Christa and Bruce Cloyd's daughter, Tina Hartman and also Lon Doll. Presently at the monument's base, Resurrection members are adding memorial bricks for deceased family. We look to the future with the imbedded time capsule.

Ten years have passed since our 50 year celebration. Recently, someone spoke of the time capsule, and another responded, "Time capsule? What time capsule? What does it contain?" Hence this reminder that yes, there is a Resurrection time capsule, waiting to be opened at the church's centennial celebration. The time capsule is encased in a vacuum sealed copper

container located behind the stone marker for Resurrection's founding. The exact contents of the time capsule are now a mystery for us, which hopefully will be enjoyed at Resurrection's century celebration.

Following is a copy of the note enclosed within the RLC Time Capsule:

### Resurrection Lutheran Church Time Capsule To our Resurrection Family at the Church's Centennial Celebration in 2059

In 2009, during the Fiftieth Anniversary Celebration of the founding of RLC, a memorial was constructed using the cross from the Grand Avenue church building and a time capsule was imbedded into the memorial. We trust that the memorial still stands. Church members took part in gathering items which were placed into the time capsule with the intention that it would be opened during the centennial celebration of Resurrection in 2059.

Hopefully you will find encased many good wishes from our 50<sup>th</sup> celebration, with the hopes and dreams of our members written on paper cut-outs of their hand prints. Among items encapsulated (some we can't recall!) there should be a key to the church building @ 521 West Grand Avenue, news clippings of the day, a beer bottle. There was a discussion as to whether the beer bottle should be full for you or empty, left from us. We love to celebrate and hope you do too!

Happy Anniversary, Resurrection Family!  
We pray that God will continue to bless  
our church family as we strive to spread  
his word.

*Live the Faith! Lift High the Cross!*

## **Youth Sunday Reflections**

by Bert Kirkpatrick

After our youth did such a superb job of leading the entire worship service on Youth Sunday, I remembered something I wanted to share with the readers of Snoopy, our newsletter

A few years back a couple of girls in our congregation set up a lemonade stand. I wouldn't want to embarrass them by giving their names, nor which of the outlying areas they are from. However, I can tell you that 100% of their proceeds went to purchase food for the 'red wagon' offering. It was in such an amount that after the purchases were made, their dad had to help them carry it into the church.

With kids like that and kids like the ones who conducted the Youth Sunday service I feel the church is in competent hands.

Thanks, God for our committed youth!



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Remember your leaders, those who spoke to you the word of God. Consider the outcome of their way of life, and imitate their faith. Hebrews 13:7



## **WOMEN OF THE ELCA CONVENTION**



The theme of this year's Central States Synod Women of the ELCA Convention is "You are Wonderfully Made" based on Psalm 139:14. The theme song is "Sanctuary."

The convention will be August 16-18 at the Holiday Inn East on Kellogg and Rock Rd.

All ladies are invited to attend even though you may not be attending WELCA meetings. We ALL are women of the ELCA. Women may attend all three days or may drop in as schedules allow. Since the convention is in Wichita it is NOT necessary to stay overnight at the Holiday Inn East, but women may stay there if desired. Registration fees will be paid by RLC's WELCA. If you are interested in attending all or any part of the convention, please, see Evelyn Clark. Registration forms need to be sent in by June 30. For more information go to the WELCA website at <http://www.css-elca.org/welca>

Friday will be a day of registrations, receiving of in-kind gifts, Silent Auction baskets set up, various activities, and choir rehearsal. Friday evening dinner will open the convention with a welcome from the mayor of Wichita and greetings from CSS Bishop's representative, Pr Susan Candea and the national organization representative, Joy Michalicek, Duluth MN.

Saturday will be full day with devotions at 8:15 followed by business sessions for voting delegates and a service project for others attending. Led by ladies from RLC, the group will be making mementoes for veterans. Focus groups will begin meetings at 1 p.m. with 3-4 focus groups presented each hour over 3 hours. Entertainment for the 6:15 banquet will be provided by Chic, one of the outstanding women's quartets from Sweet Adelines.

Officers will be installed and Triennial delegates commissioned at 8:15 on Sunday morning followed by a worship service with communion at 9 a.m.

Resurrection Lutheran ladies are actively involved with Loretta Holmes serving on the WELCA synodical board, Evelyn Clark chairing the Program Committee, and Pastor Elizabeth, Convention Chaplain. Other ladies from Resurrection will be assisting in many capacities. Since our Ark River Valley Cluster is the host cluster we are looking for lots of volunteers to provide a warm welcome to all those attending

The convention will be August 16-18 at the Holiday Inn East on Kellogg and Rock Rd.

## **You Are Wonderfully Made!**

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### **FAREWELL & GODSPEED – MARTY & ROBERTA GOULD!**

The Goulds are moving to Cartersville, Georgia this summer. Thank you, Marty & Roberta for sharing your musical talents. in our worship services, choir & special events for the past 12 years. We appreciate you and will miss you.



Cartersville is located within the northwest edge of the Atlanta metropolitan area. As of the 2010 census, the city had a population of 19,731. Cartersville is the county seat of Bartow County.



## **Ark River Valley Cluster Spring Meeting**

On April 27, 2019, the Ark River Valley Cluster of the Central States Synod Women of the ELCA was hosted by the women of Christ-Wichita for their annual meeting. A community ministry was highlighted explaining the work of The Treehouse (LeeAnn Vandervort, pictured below), to assist economically challenged

moms and children with basic necessities and programs. The tangible offering included items for The Treehouse. Their needs list is at: <http://wichitatreehouse.org/donate-supplies>



Alice Burnett, Central States Synod Women of the ELCA President, updated us on the plans for the Synod Women of the ELCA Convention which will be **here in Wichita**, August 16-18 at the Hilton Inn East. The theme is “You Are Wonderfully Made” from Psalm 139:14.

Betty Batten (Resurrection) is the new member of the Cluster leadership team. Loretta Holmes and Beth Shaw of Christ-Wichita, are continuing Cluster leaders. Next year’s cluster meeting will be at Christ-Eureka.



*Attending the Cluster meeting were: Lois Hickman, Evelyn Clark, Noreen Sholts, Tressa & Karen Vogt, Loretta Holmes, Betty Batten, Vickie Sample*

## **Welcome Andrea Mendoza, Our New Church Musician**



First, I want to say thank you to everyone for your kindness and making me feel so welcomed. It is obvious that this is a wonderful community and I am happy to be a part of it.

Now, a little about me. Music has been a part of my life for as long as I can remember. I’ve been playing at churches for almost 20 years. I graduated from Southwestern College where I studied music education and met my husband, Eloy, of almost 11 years. I no longer teach in schools, but instead teach private piano lessons out of our home. It’s a great way to continue two things I love – stay at home with my children and teach. My husband and I have four wonderful little girls! Katherine and Layla are going into third grade, Josephine will be in first grade, and Claire is two years old.

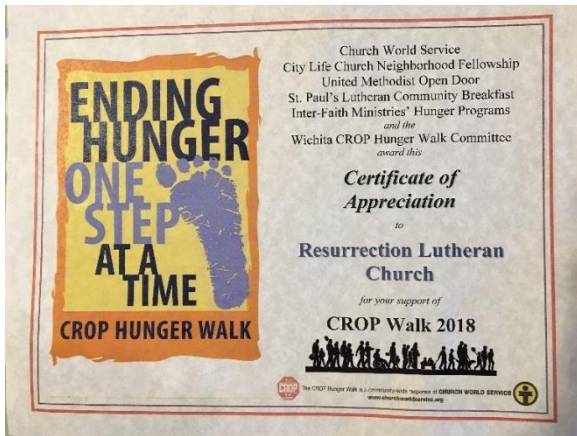
Our family all loves to sing and read together. Our favorite place in town is the library, and my husband and I currently have a challenge on who can read the most books this year. So far I’m winning with 17 books!

Thank you again for allowing me to a part of your community. I look forward to getting to know everyone, and worshipping with you all through music and song.

--Andrea



## 2019 Wichita CROP Walk



The 2019 Wichita CROP Hunger Walk will be October 6th at Sedgwick County Park. This is a great opportunity to take a stand against hunger. There is no charge to walk. Congregations are invited form a team to walk and “Step Up to End Hunger.” Contact Dennis Harvey at 744-2935 for more information or see [cropwalkwichita.org](http://cropwalkwichita.org). In 2018 the Wichita CROP Walk raised over \$11,500 to help reduce hunger locally and worldwide through Church World Service which often partners with Lutheran World Relief. *This year is the 50th Anniversary of CROP Walks*, the first fund-raising walk was in North Dakota in 1969. Walks have been held in Wichita for about 40 years.



2018 Walkers

## Camp Tomah Shinga - New Record

RLC has set a new record for the number of kids attending summer sessions at Camp Tomah Shinga. Sixteen youth will be attending and Avery Schill will be going as a counselor-in-training. Thank you for your support of WELCA's Fall Bazaar and the Book and Bake sale plus individual contributions to the camp fund throughout the year to make this all possible. WELCA gave a \$200 scholarship to each child attending summer camp. WELCA funds and extra contributions assisted those who needed financial assistance.



The following kids are scheduled to attend camp various weeks throughout June and July:

Donovan Braun	Natasha Braun
Allison Clevenger	Madison Clevenger
Zoe Deutscher	Abigail DeWitt
Adelise Falconberg	Derick Marshall
Haylee Marshall	Taeden Marshall
Grayson Sample	Carlie Schill
Landon Schill	Allison Vogt
Jordan Vogt	Cash Pegg-
	Westerhaus

## Vacation Bible School

Pam Porsch



ROAR VBS July 15-19, 6:00-8:30pm is for Pre-School through 5<sup>th</sup> grade youth. Come experience God's goodness at the mane event! This epic African adventure engages the whole herd. At ROAR VBS, kids will explore God's goodness and celebrate a ferocious faith that powers them through this wild life.

When Life is Wild...God is Good!

Registration sign-up and VBS shirt orders are available now.

Get ready to "ROAR"!



### **Lunch With The Pastor**



**Lunch Time**

On the 4<sup>th</sup> Wednesday of June, July and August you are invited for 'lunch with the pastor'. In May twenty five hungry RLC folks met for lunch at Haysville's Easy Egg restaurant.



### **2019 Graduate, Maggie Leaf**

This spring, Maggie Leaf, daughter of Martha and Pastor Tim Leaf, graduated from McPherson High School. Maggie will be attending George Washington University in Washington DC this fall and plans to major in Political Communications.



*Paxton, Martha, Maggie & Pr. Tim Leaf*

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### **Have You Noticed?**

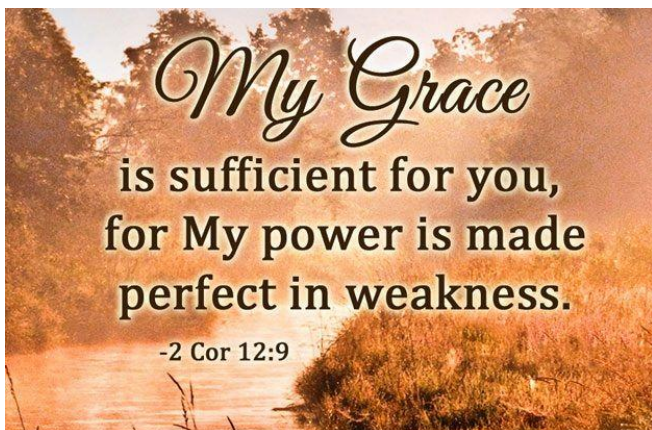


Lutherans have good appetites, especially Resurrection folk, and we dutifully offer a table prayer when we gather for a meal together. There are several favorite table graces that we offer, one being the Common Table Prayer "Come Lord Jesus...." Likely you have noticed that Pastor Elizabeth adds a petition that most of us stumble and mumble over. Even after the seven, eight or nine years that Pastor has recited this prayer addition to our Lord and for us, we STILL have not learned it! Well, no more! Here is your opportunity and homework assignment to memorize this favorite little prayer, the closing included. There may be a test later.

#### **Memorization Assignment:**

Come Lord Jesus, be our guest.  
And let these gifts to you be blessed.

May every table, everywhere,  
Receive from you a goodly share.  
Amen.



## **Property Team Report**

Robert Nunn

Hello Property Stewards

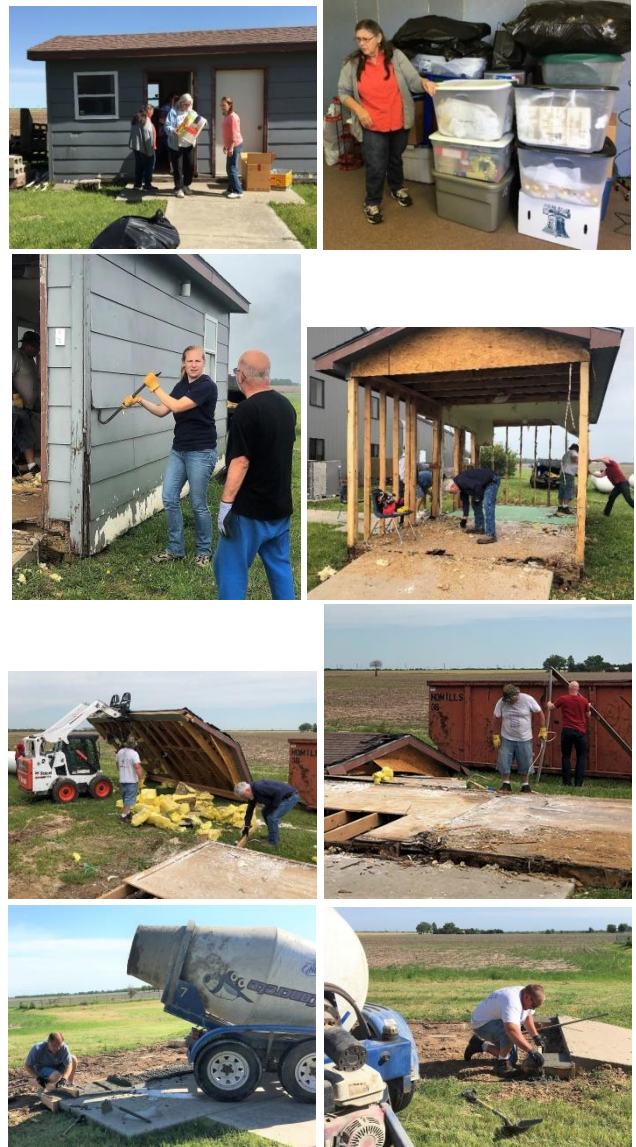
Excitement in the air at Resurrection. The old storage shed is being emptied by various committees and the old shed will soon be history. New concrete pads are to be poured and our New Storage Shed should be in place by the first week of July. We had a hail and wind storm on May 5th which has done some damage to our AC units, playground fencing and playground equipment. We are currently getting repair estimates from various companies and forwarding them to our insurance company so the repairs can be made as soon as possible. Property is also in the process of getting estimate proposals for LED lighting for our parking lot and outside church building lights. We will be adding new LED lighting on the north side of the building along with lighting for the new storage shed. Normally things slow down during the summer months at church, but not this year, we are already very busy. We are looking forward to the new improvements and *thank you* for your continued support to our church property fund. **“Thanks Be To God”**

## **Movie Night**

On May 10<sup>th</sup> RLC members attended the movie “Breakthrough” together at the Derby Plaza Theater.



## **Getting Ready for A New Shed**



<sup>14</sup> What good is it, my brothers, if someone says he has faith but does not have works? Can that faith save him? <sup>15</sup> If a brother or sister is poorly clothed and lacking in daily food, <sup>16</sup> and one of you says to them, “Go in peace, be warmed and filled,” without giving them the things needed for the body, what good is that? <sup>17</sup> So also faith by itself, if it does not have works, is dead.

James 2:14-17



### **Meet Lois Hickman**



It hasn't been a bed of roses, but, "With God's help, I will play the hand I was dealt"

We lived in a rural area. At the time of my birth, the closest hospital was in Holdrege, Nebraska, forty miles north of our farm home. I was born August 16, 1944 in that hospital. My parents were Robert Rebman and Christena (Wessels) Rebman. I was baptized a few months later at Peace Lutheran in Alma, Nebraska. I was baptized, confirmed and married in this church. Now most of the church family that help to mold who I am, have either died or moved away, (including me). Peace Lutheran, like Resurrection, is full of young people and continues to grow.

I have been a fly by the seat of my pants, adventurous, creative, active and full of faith type of character. If I had lived in the 1800's, I would have been an Annie Oakley. I heard stories about my Dad hopping freight trains, riding across the country and camping with the tramps back in the dirty thirties. If I had been born a boy, I could have done that. My faith has carried me through many difficult situations and I used to dream of being a missionary in a far-off exotic country. I loved animals and maybe could have been a Vet's assistant, but that was a brand new thing that wasn't known of in 1962 in Alma, Nebraska. Everyone kept telling me, I should go to cosmetology school with my ability to create new hair dos. The rest is history. I became a cosmetologist, and fixed hair for fifty two years. I fell in love with a farmer from Kansas. We got married in 1963. We had a son, Troy and a daughter, Kim. Troy and Lori live in Canton, Georgia and Kim and Jim live in Clearwater, Kansas. We have 9 grandchildren and 9 great-grandchildren, with another girl on the way.



As for fulfilling my dreams, I got to be the #1 cowgirl on the ranch, investigate all the out of state vehicles (possible marijuana pickers) and explore the exotic Prairie Dog River Valley atop my faithful horse, Fox. One of my favorite days of my whole life was when our neighbor bought a hundred head of steers and they all ran through the fence the first night. They were strung throughout the Prairie Dog Valley. Guess who spent the day getting the steers back where they belonged? Yes, me! The #1 cowgirl.

I worked as a Medication Aide the last eight years before I retired. I worked at the Alma Post Office for two hours every morning and fixed hair at the assisted living one day a week after retirement until we moved to Clearwater.

I taught some type of Bible Study or Sunday school for over forty years. I know without a doubt that the Holy Spirit gave me the Word and the knowledge to teach the classes.

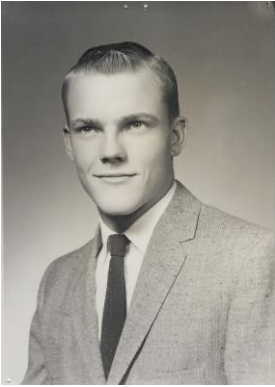
Our favorite pastime raising our kids was camping, water skiing and our yearly trip to the Rockies snow skiing. Our favorite events have been our family's baptisms, confirmations, marriages and births. My daily prayer is that my family knows Jesus as their Lord and Savior and put their lives in His Hands.

Did you ever daydream about living in a commune? I missed that scene back in the late 60's and early 70's. We are trying it out now. We do not live in Assisted Living or a Nursing Home; we are just practicing for that day. LOL

We have an awesome God who has been there for us through all of life's trials!



### **Meet Stan Hickman**



I was born in Rural Smith County Kansas at our farm home on a very cold snowy day on January 4th, 1942 to Maxwell Hickman and Doris (Townley) Hickman. I have an older brother, Neil and a younger brother, Kent. I was baptized at the Methodist Church in Kirwin, Kansas when I was six years old. My grandparents were John and Amelia (Stanley) Townley and Isaac and Myrtle (Powell) Hickman.

We lived close to Kirwin, Kansas where I went to grade school until the fourth grade. There were twelve kids in my class. The Kirwin Dam was being planned by the Corp of Engineers. All of the bottom farm land was being condemned and purchased by the Corp for the Dam to prevent flooding and for irrigation. This included the farm land and farm where we lived.

We moved to a farm west of Phillipsburg, Kansas in Phillips County. I attended country school at Rural District #1. There were three kids in my class. We lived there one year before my parents purchased a farm west of Woodruff, Kansas. I attended school in Woodruff, Kansas until I went to high school. There were 5 students in my class. I went to high school in Long Island, Kansas. There were fifteen students in my graduating class. In school, my favorite classed was Math, VO Ag., Shop, football, and basketball.

After I got out of High School, I went to work for a painter. I helped paint all the bridges on interstate 80 in Nebraska. I also helped paint the Republican City water tower.

I met my wife, Lois Lou Rebman at the Dairy Queen where she worked. We were married at Peace Lutheran Church in Alma, Nebraska on October 5th, 1963. We have two children, a boy and a girl. Troy was born in 1964 and Kim was born in 1966. We have lived at Woodruff, Kansas, Alma, Nebraska and Clearwater, Kansas. I was confirmed at Peace Lutheran Church in Alma, Nebraska in 1964. I farmed for forty five years and worked in the oilfields for 10 years before moving to Clearwater. My hobbies are bowling and golf. My goal is to stay healthy and be able to enjoy my family. My lifetime dream is to go to Hawaii, I never made it so far, and another dream is to go to Disneyworld with my family.

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### **WHY GO TO CHURCH**

A church goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to church every Sunday. "I've gone for 30 years now," he wrote, "and in that time I have heard something like 3,000 sermons. But for the life of me, I can't remember a single one of them. So, I think I'm wasting my time and the pastors are wasting theirs by giving sermons at all."

This started a real controversy in the "Letters to the Editor" column, much to the delight of the editor. It went on for weeks until someone wrote this clincher.

"I've been married for 30 years now. In that time my wife has cooked some 32,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this. They all nourished me and gave me the strength I needed to do my work. If my wife had not given me these meals, I would be physically dead today. Likewise, if I had not gone to church for nourishment, I would be spiritually dead today!"

When you are DOWN to nothing, God is UP to something! Faith sees the invisible, believes the incredible and receives the impossible. Thank God for our physical AND our spiritual nourishment."